M&M and Skittles Icebreaker

DESCRIPTION: This icebreaker uses candy to bring people together! Participants pick different colored candy (M&M’s or Skittles) and based on the color, answer a question about themselves to share with the group.

SUPPLIES NEEDED:
1) Halloween/Single size bags of M&M’s or Skittles
2) Printouts with directions for each color candy
   - http://creativeeverafter.blogspot.ie (M&Ms printout)
   - http://smithinfifth.blogspot.com (Skittles printout)
   - Or create your own using these suggestions:
     - A favorite food or restaurant
     - A favorite book, movie or TV show
     - A favorite summer activity / A favorite summer activity
     - Something you couldn’t live without
     - Something you do well / Something you want to improve on
     - Something that makes you happy / sad / angry / thankful
3) Space to break out into groups of 3-5 people (with tables is preferred).

HOW IT WORKS:
1) HIDE the printouts until step #5. Do not let participants see the instructions before they pick candy colors.
2) Break participants into small groups of 3-5 people.
3) Have each participant take a small bag of M&M’s or Skittles (or pour 20-30 small candy pieces on to the table) - instruct them to not eat them!
4) Ask each participant to pick 2 – 4 different pieces of candy – each a different color (the number you choose is based on the time you have for the activity) and set pieces in front of them.
5) Pass out direction sheets for the candy you chose (shown below, or make your own).
6) Have participants take turns sharing info based on color candy in front of them.
7) EAT THE CANDY!

Marvelous Me
Tell the table about yourself based on which color M&M you pull out of your bag

- What is your favorite activity to do with your family?
- Where is your favorite place to spend time alone?
- What makes you laugh?
- What is your favorite TV show or movie?
- If you could do anything for a whole day, what would you do?